

Safely Builds Strength and Teaches Proper Throwing Mechanics



MADE IN USA

Xertube™

TM

MADE IN USA

Great Strength Trainer



BXT-

Select tubing based on your fitness level

SXT-

Retail Package



Xertube™ Baseball Retail Package
BXTM-RB (was RTBXT-M) Medium Resistance Red
BXTH-RB (was RTBXT-H) Heavy Resistance Blue

\$24.60 EA

Xertube™ Softball Retail Package
SXT-MR Medium Resistance Red
SXT-HR Heavy Resistance Blue

\$28.60 EA

Xertube™ Throwing Trainer

Increase the strength and stamina of the muscles involved in throwing. Continued use will help prevent shoulder injuries. Regulation size ball is attached to high-quality rubber latex tubing. Door strap and illustrated instructions w/exercises are included. USA w/domestic & foreign parts.

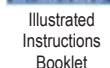
Xertube™ Softball - No Package

SXT- Softball (8%) \$26.00 EA 8.6 oz.
M Medium Resistance Red
H Heavy Resistance Blue



Xertube™ Baseball - No Package

BXT- Baseball (92%) \$22.00 EA 7.4 oz.
L Light Resistance Green 19%
M Medium Resistance Red 48%
H Heavy Resistance Blue 33%



ThrowMAX™

TM

Flexible Arm Brace Shows Players How to Throw Correctly



Close-up view of Throw-Max



MADE IN USA

Throw-Max Arm Brace Trainer

Flexible arm brace shows players how to throw correctly both overhand and underhand. With reinforced buckles, internal nylon bindings, and solid poly bars, this comfortable brace is perfect for warm-up or during game play. USA

4 Sizes: XS 7% S 28% MED 44% LGE 21%

TMLA (was TMAX-L) For Left Arm 15% \$59.00 EA 4.2 oz.

TMRA (was TMAX-R) For Right Arm 85%

Arm Strong Pro Pitchers Trainer **new**

The [Real Feel] Handframe with its patented rotating ball allows training in two ways: attach the resistance tubes to a fence, and it provides freedom of motion in the hand and wrist during throwing simulation. Three resistance tubes used in any seven combinations safely strengthens proper muscle groups. When used alone, the Tutor Handframe [flips down] if improper full arm circle throwing mechanics occur. For any level player. Indoor or outdoor use. Set includes Handframe Tutor with rotating ball, three color-coded resistance tubes (light, medium and heavy), one strap for indoor/outdoor, tote bag, training program and instructional DVD

PK ARM-BB (ARM012) Baseball Set \$68.60 SET 1.51 lbs



New Packaging

Arm Strong Basix Pitcher's Training Aid

Perform six exercises for a stronger throwing arm. [Real Feel] rotating ball for a natural arm and wrist motion. Safely trains proper muscles to give more power, velocity, and accuracy. Quickly clips to a fence or anchor. Use outdoors or indoors. Two resistance tubes: Orange (Rookie) and Black (Pro). Carry case and [Throw Like the Pros] instruction chart is included.

Recommended for all players ages 10 and up.

NEW PK BSX-011 New Packaging \$41.00 EA \$40.00 EA/6

DH BSXBB Old Packaging \$39.98 EA 14.4 oz.

Throw-Rite Pitcher's Training Device

Learn the proper form and basic bio-mechanics of baseball pitching and throwing. Throw-Rite is designed to show [fluid arm motion] and to give players instant feedback on the correct throwing motion. The two leather cover regulation baseballs are connected by a 2" nylon rope. When the arm moves properly through the arc of the delivery, the top ball travels without touching the thrower. When the player starts to [short arm] the ball, the top ball will flop over to hit the back of the hand. Instant feedback! Can be used for over-hand and side-arm delivery. Great for any player at any level. When you throw and the ball hits you in the hand, it means that you are not using the proper arm arch and that your entire body is not being used properly. Drill sheet included. Patent pending. China

KS THROW-R \$34.00 EA 11.2 oz

T-Ball Hitting & Throwing Trainer

Easy reference hitting instructions are printed on the bat to provide players and coaches with a convenient source of information during play. Training ball has reference marks for finger placement to insure a proper throwing grip. Booklet included provides tips on hitting, fielding and throwing. China

SC TBT-260 \$15.98 EA



Double Handle Resistance Band **new**

Provides multiple workouts for shoulder and back. Ideal resistance level for baseball conditioning. Versatile for several different exercises. Convenient and portable. Includes Pro drills and instructions.

RETS-BD (RESIS-BAND) \$14.00 EA



new

Resistance Ball

Offers full range of motion resistance training. Ideal resistance level for baseball conditioning. Full range of motion workout. Baseball on end offers most game-realistic grip. Convenient and portable. Includes Pro drills and instructions.

SIS-BALL (RESIS-BALL) \$23.00 EA

A Game Sports Instructional Videos

MADE IN USA

Fundamental baseball/softball video for high school and college. Whitney Herzog endorsed. Focuses on proper execution of fundamentals. Fast paced high energy graphics and video with music. Close-ups illustrate key points. USA

AG AGS10 Hitting Fundamentals 24 minutes \$7.98 EA
BB-FUND Baseball Fundamentals 60 minutes \$7.98 EA



Pitching Video in Spanish La Calma Antes de la Tormenta

Calm Before the Storm
 All-star Mariano Rivera's Instructional Pitching Video. Topics include flexible strength, arm action, pitching plyometrics, full-body mechanics, and more. Approx. 30 minutes. USA

FZ SPAN-101 Espanol \$25.98 EA

SO



Strike Out Strippz Pitching Training Glove

For little leagues up to pro level. Combines rhyme and visual memory to perfect pitching mechanics, increase speed and improve control. The patented Strippz, attached to a glove, provide immediate visual feedback. Low stress on elbow and shoulder to reduce injuries. For indoor and outdoor use without a ball or catcher. Can be used by pitchers and position players. Included 76-minute instructional video DVD includes professional instructions, team drills, on-field performance, and throwing for catchers, infielders & outfielders. Quick reference training guide. Carrying case included. Designed to work for both right and left handed pitchers.

Two Adult Sizes \$29.98 EA
SS24665 S/M (Ages 12-15) **SS24675** L/XL (Ages 16 and over)

Two Youth Sizes
SS24575 S/M (Ages 5-8) **SS24655** L/XL (Ages 9-12)