



XLR8[®] Speedbat Hitting System

Develops power, accuracy and timing. Teaches the pro trick to timing with the front foot. Includes a series of static, non-hitting drills to develop proper muscle memory for the baseball swing. Handle design teaches the proper grip. Small percussion bat barrel. Smaller sized XLR8 speed balls with smaller hitting area fly at different speeds when thrown with the same arm speed. Foam construction is safe for all ages. XLR8[®] speed bat, six XLR8[®] speed balls (3 white fastballs and 3 yellow off speed), and 53 minute instructional DVD with personal segments from MLB hitting instructor Rick Down included.

DL XLR8-HS \$53.60 EA \$52.60 EA/12



Instructional DVD



Speed Balls and DVD are in clamshell packaging attached to end of foam Speedbat.



XLR8[®] Speed Balls

Lightweight golf ball size soft foam balls with different densities help simulate curves and change-ups. When you throw them with the same arm speed, they fly toward the hitter at different speeds and flight characteristics. Learn to hit the curve and offspeed pitch. 6 Adult balls are white (two different weights and densities), 6 Youth balls are white and yellow (two different weights and densities). 5 inch. Rick Down, NY Yankee Hitting Instructor, says "Hitting is timing - this is the only product I know of that develops timing in a hitter!"

Adult White (Two different weights/densities)
DL 7000A-W \$8.40 CD \$7.40 CD/24
Youth White/Yellow (Different weights/densities)
DL 7004-WY \$8.40 CD \$7.40 CD/24



7000A-W



7004-WY

POWER STICK™



Pujols SKLZ[®] Power Stick w/Weights

Improves batting power, hand speed, hand-eye coordination and contact. Heavy 30 oz. bat builds proper swing muscles and simulates game bat feel. Steel. For use with practice balls only. 3 practice balls included.

PP PST01 (PST01-200-02) 30" \$43.00 EA \$42.00 EA/2



QUICK STICK™



Pujols SKLZ[®] Quick Stick

Improves batter's hand speed, hand-eye coordination and contact. Lightweight 12 oz. bat allows for more swings and less fatigue. Aluminum. For use with practice balls only. 3 practice balls included.

PP QST01 (QST01-200-02) 30" \$43.00 EA \$42.00 EA/2



SWEET SPOT™



Pujols SKLZ[®] Sweet Spot Training Bat

Improves ability to hit on the sweet spot for power and distance. Instant feedback and "sting" if hit too far off. All wood barrel and handle, fiberglass rod.

PP SSB01-33 (SSB01-033-02) BB 2⁵/₈" barrel, -3 oz, 33" \$43.00 EA \$42.00 EA/2
SSB02-30 (SSB02-030-02) Youth BB/SB 2¹/₄" barrel, -10 oz, 30"
SSB02-32 (SSB02-032-02) Youth BB/SB 2¹/₄" barrel, -10 oz, 32"



The Fastest Way To Improve Your Swing

Increase Bat Speed. Build Muscle Memory. Improve Hand-Eye Coordination.

Swift Stik is the ideal training tool for hitting for baseball and softball, from little league to the pros. Patented lightweight stik simulates the weight distribution of a real bat (without the actual weight), allowing the hitter more game-like repetitions per day. Increase bat speed through unloading. Swing faster to strengthen "fast twitch" muscle fibers. Swift Stik's concave-foam sweet spot lets the hitter immediately feel if the ball was hit correctly. Patented head adjusts up or down on the stik according to the bat length the hitter uses. Use only golf ball size lightweight plastic balls, 4 each included. Do not hit with hard or firm balls. Includes instructional DVD with 4 different drills. For coaches, parents and players.



SwiftStik[®] Training Bat Retail Package \$40.00 EA \$38.00 EA/6 Bat, 4 Plastic Balls and DVD

SS-004 (was SS3405) Adult 34" Bat 13.2 oz
SS-005 (was SS3005) Youth 30" Bat 12.0 oz



Cross section of shaft



SwiftStik[®] Bat Only \$36.40 EA \$34.40 EA/12

SS-004S (was SS30405) Adult 34" Bat 13.2 oz
SS-005S (was SS30005) Youth 30" Bat 12.0 oz

SwiftStik[®] Aluminum Bat **new** Retail Package \$45.00 EA \$43.00 EA/6 Bat, 12 Plastic Balls and DVD

SS-015 Adult 34" Bat 13.2 oz
SS-016 Youth 30" Bat 12.0 oz



Concave foam head (sweet spot) gives instant feedback on whether you hit the ball correctly.



EASTON Thunderstick

Hand-Eye Training Bat

1" barrel to help improve hand-eye coordination.

E T10 Adult 33"(37 oz) +4 oz. 1" barrel \$85.60 EA \$83.60 EA/2
T11 Youth 30"(26 oz) -4 oz. 1" barrel \$77.60 EA \$75.60 EA/2



Hand-Eye Training Bat **new**

Precision balanced to give same feel as standard -3 bat, but with a 1" barrel. Helps improve hand-eye coordination. Includes 6, 5" wiffle balls, Pro drills and instructions.

RW HANDI-BT 33"(30 oz) 1" barrel \$74.00 EA



LIGHTNING ROD™



SKLZ[®] Lightning Rod

Lightweight training stick that lets you get plenty of swings in for more repetition and less fatigue. Narrow-diameter design improves batter's hand speed, hand-eye coordination and contact. Durable aluminum design. For use with practice balls only. Three golf ball size practice balls included.

PP SLST01 30" Length \$36.00 EA \$35.00 EA/2



SKLZ[®] Live Wire™ Narrow Bamboo Training Bat

Narrow 1³/₈" barrel diameter builds greater eye-hand coordination. Used with all types of training, including live pitching. Heavy-duty bamboo construction for strength and game bat weight. Padded handle wrap.

PP LWB01-30 30" \$59.98 EA
LWB01-34 34"

Nemo's 33" Bat™ & Video

Increase bat speed for longer hits. Video training program gives players an average increase of 4.8 mph in 3 weeks. For baseball and softball. For beginner and advanced players as well as coaches. Lightweight wood bat for use with only rag balls gives ability to swing faster and to develop quick twitch muscle reaction time. Speed Circuit Training, Practice Setup for Speed Circuit Training VHS videos included.

TE NEMO-V1 \$99.98 EA

Markwort M-Balls™

Soft 9" Baseball

Lightweight, about 2.5 oz. Synthetic cover. Ages 4-7 or older.

White w/Red Stitch M-BALL \$40.00 DZ \$38.00 DZ/10

Yellow w/Red Stitch M-BALLY \$40.00 DZ \$38.00 DZ/10

Soft 8¹/₂" Baseball

Lightweight, about 2.5 oz. Synthetic cover, acrylic felt center. Youth leagues, T-Ball, 4-7+ yrs.

MBALL85 \$39.00 DZ \$37.00 DZ/10